



Gift Certificates are perfect for:

- Baby/Bridal Showers
- Newlyweds
- Pre & Post Surgery
- New Parents
- Housewarmings
- Birthdays
- Anniversaries
- Bereavement
- Bachelorette Parties
- Just to say "I love you"



Our Parmesan Panko Chicken

Service Area. All meals are prepared in our clients' own kitchens in these Pennsylvania counties:

- Berks
- Lehigh
- Northampton
- Bucks
- Lancaster
- Schuylkill
- Chester
- Lebanon
- York
- Dauphin
- Montgomery

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Bon Appétit!



Chefs Sharyn & Bruce Cohen
Pampered Palates, Inc.
Reading, PA

www.PamperedPalates.com
ChefSharyn@PamperedPalates.com
(610) 207-5908



Pampered Palates

a Personal Chef Service

- Dinner Parties
- Cooking Demos & Classes
- Packaged Meals



Chef Sharyn Cohen
Chef Bruce Cohen

Member, American Personal & Private Chef Association

ServSafe® Food Safety Certification, National Restaurant Association & State of PA

Licensed

Insured by CNA
Certificate of Insurance Available Upon Request

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It's YOUR Choice!



Our Corned Beef & Cabbage

Select your favorites from a wide selection of menu choices

- Beef
- Fish
- Poultry
- Vegetarian
- Pasta
- Low fat
- Low carb
- Low sodium
- International cuisines
- Special dietary issues

What will Chefs Sharyn and Bruce's

Pampered Palates

packaged meals do for you?

The Chefs will.....

- Meet with you and determine mealtime favorites, customize meals, discuss allergies and health issues, learn your food likes and dislikes, and view your kitchen layout
- Choose a mutually convenient date for our service
- Shop for the freshest ingredients on that date and arrive at your house with the groceries and equipment
- Cook delicious meals in your home (usually 5 entrees, with 4 portions of each); flexible plans are also available
- Package the entrees in containers and portion sizes of your choice for storage in either your refrigerator or freezer
- Leave complete heating directions for each item
- Clean up and leave your kitchen with the aroma of freshly-made food



Our Flounder Italiano

What does *this* Personal
Chef Service Offer?

- Dinner Parties
- Cooking Demos
- Cooking Classes
- Packaged Meals

No matter which service you
choose,

Chefs Sharyn and Bruce Cohen
will come to your house or
your corporate facility

with fresh ingredients based on the
menus you have chosen, and use all
their own equipment, spices and
pantry items.

The chefs will either package meals
for your refrigerator or freezer,
teach a "hands-on" cooking class,
demonstrate cooking techniques
and recipes, or serve an elegant
party meal to you and your guests.
No matter which you choose, only
one word applies, "Yum!"



Our Couscous Confetti

ChefSharyn@PamperedPalates.com
www.PamperedPalates.com
610 207-5908 or 610 858-3720